

# general supply list

## General Supply List for The North Direction - Online Course with Sandra Duran Wilson

**Basics:** Spray bottle for water, spray bottle for isopropyl alcohol 70%, palette or plates, soft synthetic brushes, stepped handle palette knife and other brushes that you like. I also like to use cosmetic sponges and sometimes a brayer or roller. I wear gloves but you may also try a barrier cream to protect your hands. A color wheel is useful to have. I like an interactive one from the Color Wheel Company.

**Paints:** I use a variety of brands and colors but mostly I use Golden fluid acrylics. If you have heavy body paints (tubes) I will show you how to change the viscosity, so they behave more like fluids paints.

**My favorite colors are:** Quinacridone Nickle Azo Gold, Transparent Red Iron Oxide, Cobalt Teal, Diarylide Yellow, Payne's Grey, Quinacridone Magenta, Permanent Violet Dark, Orange, Pyrrole Red, Raw Sienna or Yellow Ochre, Black and Titanium White. I also use DecoArt paints.

**Matte Metallic paints** by DecoArt have a wide range of colors. I love the emerald green and the gold. They have a nice opacity and are not expensive.

**Gesso:** I use Liquitex and we will also be using a small amount of Liquitex clear gesso.

You do not have to use the color palette I choose. I am a big proponent of use what you have.

I also use Golden High Flow Shading Grey - optional

**Acrylic inks:** Turquoise and sometimes I like high flow colors. Again, no need to get everything. My goal is to show you the possibilities of the various paints and products and then you can choose.

**Surfaces:** I prefer to use panels and I recommend Ampersand panels. I will show you the specific properties of several of the boards like Claybord, Aquabord, Encausticbord and Gessobord. I am using a variety of sizes from 8"x 8" and up. You may also use canvas, other panels (do not use very inexpensive ones), paper (I use Canson Mixed Media paper) Deli Sheets



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**Golden Mediums:**

String Gel or Golden Clear Tar Gel  
Soft Gel Gloss  
Gloss Medium  
Light Molding Paste

**Assorted other tools and what-nots:**

Cosmetic sponges, brayers and foam rollers, stamps, stencils (Stencil Girl has great ones), Stayz-on ink, Water-soluble pencils or crayons, foam dabbers, fun foam with adhesive back, plastic, painter's tape, cardboard, yarn or string, found papers, sandpaper and found textures or embossing.

**Week 2:** We will use Canson Mixed Media paper, or paper of your choice, to create a color deck. Ephemera, hole punches or scissors, found papers and all kinds of collage materials will be used. You will be using Soft Gel Gloss; Light Molding paste and you will need 3 surfaces to paint on. You may use whatever surface and size you wish. I will be using a 16" x 20: Gessobord, a 10" x 8" Encausticbord and an 8" x 8" gallery wrapped canvas.

**Week 4:** A mixed media Extravorganza. I am going to show you how to work with Plexiglas and transfers. If you have a drill that is great, if not, that's ok too. I will show you some fun with Tyvek, you can get a Tyvek envelope from the postal department to use, some wood shims from the home supply store and some pieces of plexi too. We will make a shrine for our word or phrase for the year. You may buy a plexi shadow box frame or even a frame that has multiple layers. I will go over all the possibilities. It can also be as simple as some left over plexi pieces from the frame store and scrap lumber. Let your imagination go wild. The mediums will vary but you will need Gloss medium.

**Week 6:** You will need some yarn, open weave fabric or cheesecloth and squeeze bottles with tips. I find these sometimes at the dollar store or look in the cake decorating area of the craft store. You will take a photo of your work, copy it, enlarge it and do a transfer. You will also need String Gel or Golden Clear Tar Gel. I will be using 2 panels. I am using a 12" x 24" Claybord and a 12" x 12" Aquabord from Ampersand.

**Week 8:** We will make paint skins so you will need plastic drop cloth. A heavier plastic is better or you can use a plastic trash bag. We will make patterned papers on Deli sheets, stamp onto papers and use foils. I will use a 16" x 16" cradled Gessobord. A rigid surface is best for this project. We will make pattern tools using foam rollers and foam stamps.



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**Week 10 :** All about keeping it simple. You may work on paper, canvas or panels.

A maximum size of 12" x 12" since we will be making 6 paintings.

I will work on 8" x 8" paper or panels. We will explore using an assortment of objects for tools.

The greatest tool this week will be your imagination and your eyes.

**Week 12:** you may use an old book to alter or create your own book. I will show you both.

You will need an old book, Canson Mixed Media paper, craft knife and most of the usual tools. Gel mediums, gesso and Liquitex clear gesso. We will use lots of pencils, stamps, found papers, fabrics and maybe even wire or found rusty things.

Your imagination knows no bounds.